

THE DEPARTMENT OF SOCIAL SERVICES
OFFICE OF ADULT SERVICES AND AGING

VIDEO TAPE SERIES

- I. Ombudsman Programs
 - a) Alzheimer's Disease Series
 - b) Long Term Care Series
 - c) Restraints Series
 - d) Physical/Financial Abuse Series
 - e) Abuse and Exploitation
- II. Churchill Series (No longer available)
- III. Trainex Series (No longer available)
- IV. Legal Services Series
- V. Community Involvement Series Etc.
- VI. Aging Series (General Topics)
- VII. Aids Series
- VIII. Protective Services Series
- IX. Miscellaneous
- X. Domestic Violence

I. OMBUDSMAN PROGRAM

a. Alzheimer's Disease

- 1) Alzheimer's Disease – You Are Not Alone (1984) A family support group tape.
- 2) Alzheimer's Disease - Stolen Tomorrow's - portrays the theft of tomorrow's by the disease.
- 3) A Part Of Daily Life – Alzheimer's Caregivers- Simplify Activities and the Home
- 4) Home Care for People with Alzheimer's a) Communication, b) Activities of daily living , c) Home safety
- 5) Alzheimer's , "Best Friends" - Adult Day Care setting
- 6) Living With Alzheimer's – A Partnership In Caring
- 7) Voices of Caregiving: Insights From Along The Way
- 8) Early Onset Memory Loss : A Conversation With Letty Tennis
- 9) Alzheimer's 101 – 85 minutes
- 10) My Challenge With Alzheimer's
- 11) From the Family's Perspective – a training video to help staff understand the family's perspective and expectations while a loved one lives in a nursing home.
- 12) In The Moment
- 13) Dealing With Alzheimer's : Facing Difficult Decisions
- 14) Sundown: Coping with Alzheimer's – A True Story
- 15) Alzheimer's – Management of Problem Behaviors – Menorah Park
- 16) Communicating with the Alzheimer's – Type Population – The Validation Method
- 17) Dealing With Alzheimer's Disease – A Common Sense Approach To Communication
- 18) Assisting the Nursing Home Resident With Alzheimer's Disease: A Day In The Life of Nancy Moore (ACNA)
- 19) Dress Him While He Walks: Management In Caring For Residents With Alzheimer's Disease
- 20) A Thousand Tomorrow's – Intimacy, Sexuality and Alzheimer's
- 21) Managing and Understanding Behavior Problems in Alzheimer's Disease and Related Disorders . This training program is divided into ten individual modules. It provides clear, step by step, directions for observing problem behaviors and designing plans to change them.
- 22) Choice and Challenge – Caring For Aggressive Older Adults Across Levels of Care- produced by the American Psychiatric Nurses Association.
- 23) Solving Bathing Problems in Persons with Alzheimer's Disease & Related Disorders (22 min.) Terra Nova
- 24) The Growing Challenge of Alzheimer's Disease in Residential Settings - A 3-part training program (all written material).
- 25) Video (Respite Alzheimer's) Series - Remembering When. . .
- 26) Alzheimer's Disease: Inside Looking Out (19 Min.) Terra Nova
- 27) Something Should Be Done About Grandma Ruthie (54 Min) Documentary
- 28) The Alzheimer's Series: Video 5 Agitation...It's a Sign

- 29) Dementia with Dignity – Caring for Alzheimer's Disease and Other Forms of Dementia
- 30) The Forgetting – A Portrait of Alzheimer's – PBS
- 31) Bathing Without A Battle (Creating a better bathing experience for persons with Alzheimer's Disease) - Univ. of North Carolina
- 32) Pain in Cognitively Impaired Seniors: Assessment and Management
- 33) Simple Comforts: Individual Life Enrichment Activities for People with Dementia
- 34) Lifeview – The Family Guide to Alzheimer's Disease
 - A- Introduction to Alzheimer's
 - B- Behavior Issues
 - C- Daily Life
 - D- Family Caregiving
 - E- Transitions

I. OMBUDSMAN PROGRAM

b. Long Term Care

- 1) Respecting Confidentiality – Elder Care Communications
- 2) Quality Of Life - Elder Care Communications
- 3) Preserving Resident Dignity – Elder Care Communications
- 4) No Easy Answers: Guilt - Elder Care Communications (This deals with the guilt that family members experience after placement of their loved one in a nursing facility.)
- 5) A Commitment To Safety – Elder Care Communications
- 6) Resident Transfers – Elder Care Communications
- 7) Understanding Advanced Directives - Elder Care Communications
- 8) A Matter Of Life And Death - Living Wills
- 9) Preventing and Managing Workplace Violence – for long-term care managers.
- 10) Preventing and Managing Workplace Violence – for long-term care staff
- 11) Seven Days A Week
- 12) Dealing with Physical Aggression in Caregiving (25 Min.) Non-Physical & Physical Interventions - 3 video tapes/sessions - Elder Care Communications
- 13) Caregiver Stress in Long-Term Care (20 min.) - University of Maryland-School of Medicine
- 14) Eliminating Negative and Abusive Interactions (20 min.) Caregiver Stress Triggers - University of Maryland
- 15) Eliminating Negative & Abusive Interactions (20 min.) Preventing & Reducing Negative and Abusive Responses - University of Maryland
- 16) Caring For Disordered Behaviors in the Nursing Home (26 min.) - University of Maryland
- 17) Wesley Hall – A Special Place!
- 18) Mental State Examination Of The Demented Adult
- 19) A Careguide for the Confused Resident
- 20) Incident Report – portrays an abuse situation between a nurse and a resident, reporting requirements, ensuing investigation, and internal relations of the facility staff.

- 21) Working It Out – Support Groups for Certified Nursing Assistants
- 22) In Your Hands – an awareness video for staff on providing care in a dignified manner, 20 minutes
- 23) I'm Pretty Old – residents of a nursing facility share their feelings concerning aging, independence / dependence and other issues which can surface while residing in a nursing home.
- 24) And The Home of The Brave - depiction of a new admission to a nursing facility from a hospital, a good sensitivity tape for nursing facility staff.
- 25) Parkinson's Disease – Treatment , Now and in the Future – Part – A
- 26) Parkinson's Disease - Treatment , Now and in the Future – Part – B
- 27) The Heart Has No Wrinkles – a program on sexuality / relationships in a nursing facility, 20 minutes
- 28) Rose, By Any Other Name – also a program on relationships/ sexuality in a nursing facility, 20 minutes
- 29) The Missing Link - significant Training for Front Line Supervisors - 8 Volume's (Elder Care)
 - I Attitude
 - II Walk a Mile
 - III Non-Productive Behavior
 - IV Communication
 - V Listen, Really Listen
 - VI Conflict Resolution
 - VII Teamwork
 - VIII Dealing with Stress
- 30) Serving the Assisted Living Community
 - Part One: Getting to Know the Community
 - Part Two: Stress Preparedness
- 31) Harbor - Helps patients and the family cope after a loved one has suffered a stroke. This is a personal documentary about the unique relationship between the filmmaker and her father, who suffered a major stroke several years ago. - 16 minutes - This would also be good for facility staff.
- 32) Nursing Home Care Plans: Getting Good Care - Approximately 15 minutes; a good consumer oriented resource.
- 33) Meaningful Work: A Guide to helping Residents Find Meaningful Activity
- 34) Sex and Sexuality in Long Term Care - A Training Program for Staff - 4 Modules
 1. Need for Sexuality and Intimacy
 2. Sexuality and Dementia
 3. Sexuality and Aging
 4. Family and Personal Issues
- 35) Life Worth Living - Eden Alternative in Action - An introduction to the principles and practices of The Eden Alternative.
 - a) It's Better to Live in a Garden
- 36) Conflict Resolution - Conflicts Involving Residents and Families
- 37) Conflict Resolution - Personnel Conflicts
- 38) The Geriatric Nursing Assistant - Becoming an Extended Family member
- 39) The Geriatric Nursing Assistant - The Most Important Eyes
- 40) 94 Years and 1 Nursing Home Later
- 41) Fundamentals of Quality Care - 20 min

- 42) Sleep Problems in the Elderly: Assessment
- 43) Sleep Problems in the Elderly: Management (Elder Care)
- 44) Medication Management in Assisted Living "The Medication Pass"
- 45) Bon Appetit! - How to Create Meaningful Mealtimes in Long Term Care.
(This program presents a comprehensive mealtime program that focuses on principles of resident autonomy. Special attention is devoted to identifying the needs of people with dementia.)
- 46) Depression and the Elderly - Examines the prevalence of depression in the elderly, describes the primary symptoms; cites common causes of depression, shows examples of patient focused objectives in dealing with depression and demonstrates intervention with the depressed elderly resident. (28 minutes)
- 47) Residents Rights-An Introduction for Staff (2nd Edition) (Elder Care)
- 48) Serving the Assisted Living Community-Stress Preparedness (for Nursing Facilities too)
- 49) Infection Prevention and Control for Support Staff
- 50) Infection Prevention and Control-All Staff Review
- 51) Wound Prevention for Long Term Care
- 52) Environmental Services - Long Term Care
- 53) Residents' Rights Today - Respectful Care In Changing Times
- 54) Freedom of Sexual Expression
- 55) Balancing Act: Your Fall Prevention Program
- 56) Extended Care and Your Loved One – How to Have a Meaningful Visit with Your Loved One at a Nursing Facility – 38 min
- 57) Voices From the Trenches – The World of the Certified Nursing Assistant – 24 min
- 58) Humor and Healing – The Therapeutic Benefits of Humor – 20 min
- 59) Keeping In Touch – Nursing Home Residents and Their Families – New York Ombudsman Program
- 60) Care of the Dying: Comfort Measures at the End of Life
- 61) Care of the Dying: Learning About Dying: Death, The Final Stage of Life
- 62) Care of the Dying: Making Decisions and Plans
- 63) Care of the Dying: A Conspiracy of Silence: Helping the Patient and Family Live with Terminal Illness
- 64) Pioneer Network – Innovations in the Quality of Life in Long Term Care
- 65) Living in Long Term Care: The Resident's Perspective
- 66) Supervisory Techniques for Charge Nurses in Long Term Care Facilities – Terra Nova
- 67) Pain in Cognitively Impaired Seniors: Assessment & Management. Geriatric Video Productions
- 68) Simple Comforts: Individual Life Enrichment Activities for People with Dementia – Terra Nova
- 69) Time Slips – teaches how to engage people with dementia in creative story telling
- 70) Movercise – Adapting Music and Movement: An Interdisciplinary Approach to Range of Motion – Terra Nova
- 71) Great Nursing Assistant: The Resident Perspective
- 72) A Way Back Home – Three Components of Culture Change in Long Term Care

- 73) Quality of Life: Homelike Environment (Culture Change)
- 74) Almost Home/DVD (Culture Change)
- 75) Break the Chain 2002 – Infection Control in Long Term Care
- 76) Brush Those Teeth/Dentures: Mouth Care for the Dependant Elderly
- 77) Backseat Bingo – A clever animated documentary effectively dispels societal preconceptions about romance and older adults
- 78) Live and Let Go – An American Death – End of Life Issues

The video programs from Elder Care Communications usually contain an instructor's guide to be used in conjunction with the videotape. This typically prepares the instructor in asking appropriate questions prior to the showing of the video, and also for appropriate questions to ask after the video. This results in a total presentation being provided to staff, versus just showing a 20–30 minute videotape.

I. OMBUDSMAN

c. Restraints

- 1) I Think We're Going To Make it (1993)
- 2) A Choice Among Risks: Physical Restraints Rejected
- 3) Everyone Wins! Quality Care Without Restraints A) The Management Perspective, B) A Family Guide To Restraint Free Care
- 4) Everyone Wins! Quality Care Without Restraints – Resident Care Library: Six Modules a) The New Resident, b) Up and about: minimizing the risk of fall injuries, c) Working with residents who wander, d) Getting hit, grabbed, threatened, e) Staying restraint free evenings, nights and weekends, f) Now that the restraints are off, what do we do?
- 5) What About Using A Restraint? Awareness program for families of residents – Eldercare Communications
- 6) Restraint and Seclusion – Catching the JCAHO Spirit

I. OMBUDSMAN

d. Physical/Financial Abuse Series

- 1) Dispute Resolution Skills – for long term care ombudsman
- 2) Basic Complaint Handling Skills – for long term care ombudsman
- 3) Investigation and Resolution of Nursing Home Complaints – Beth Klitch
- 4) Building Bridges – Ways to Improve Quality Care in Nursing Facilities
- 5) The Ombudsman Program – Office Administration on Aging
- 6) Advocates for Resident Rights – the Ombudsman Program
- 7) Residents Council: A Voice for Quality of Life
- 8) Washington State – Resident Councils
- 9) Nursing Home Bill of Rights – the Ombudsman Program
- 10) Know Your Rights – (Health Care Financing Administration)
- 11) Resident Rights – a) for families, b) for staff
- 12) Look At Me – Dept. of Veterans Affairs, 5 minutes, very powerful message
- 13) What About Me - Resident Rights - AARP
- 14) Making It Home – resident rights in assisted living centers (from Colorado Ombudsman)

I. OMBUDSMAN
e. Abuse and Exploitation

- 1) Financial Exploitation of the Elderly
- 2) I'd Rather Be Home – physical abuse
- 3) I Grow Old – elder abuse, produced by AAA agency in Green Bay, WI, (includes instructor's written guide)
- 4) The Hidden Sorrow – In Pursuit of a Life Without Violence
- 5) Lifeline – Preventing Elder Abuse
- 6) Elder Abuse - The Real Definition - Abusive Physical Interactions
- 7) Elder Abuse - The Real Definition - Neglect
- 8) Elder Abuse - The Real Definition - Verbal Abuse
- 9) Criminal Justice Response - To Domestic Violence in Later Life
- 10) He's Doing This to Spite Me: Emotional Conflicts in Dementia Care
- 11) Preventing and Handling Elder Abuse and Neglect in Nursing Homes - Elder Care Communications
- 12) Kind Hands - Wendy Lustbader - 2 Parts - Part I covers the vulnerabilities which people tend to feel when they become dependant. Part II covers the ways in which helpers (staff) may occasionally take advantage of those vulnerabilities. This is a sensitivity type of video whose aim is to prevent abuse and promote kindness. (60 minutes)
- 13) Institutional Abuse: Everyone's Responsibility - This video presents four scenarios involving abusive behavior on the part of both staff and residents in a health care setting. Effective strategies to create an abuse-free workplace are outlined. (16 minutes)
- 14) Abuse: The Resident's Perspective
- 15) Abuse and the Dementia Patient - (22 minutes)
- 16) When Help Was There: Four Stories of Elder Abuse - Terra Nova (19 minutes)
- 17) Abuse Triggers: Residents – University of Maryland
 1. Verbal Violence
 2. Resistive Behavior
 3. Repetitive Behavior
 4. Incontinence and othe Physical Problems
 5. Physical Violence
 6. The Non-Responsive Needy Resident
18. Victims of Abuse & Neglect: Meeting Identification and Reporting Standards – Medical Consultants Network Inc.
19. Elder Physical and Sexual Abuse: The Medical Piece – Part 1 & 2
20. Nursing Home Investigations with Kelly E. Riddle– Kelmar & Associates
21. Victims of Abuse and Neglect: Meeting Identification and Reporting Standards

IV. LEGAL SERVICES SERIES

- 1) The Silent Cry – Elder Abuse Assessment and Reporting
- 2) Elder Abuse in Native Communities
- 3) Elder Abuse in Arizona Indian Communities
- 4) Assessing and Enhancing Legal Services for Older Persons

- 5) A Discussion with Paul Hinderaker about DPOA for Health Care Decisions
- 6) On Your Behalf – Your Right to Accept or Refuse Medical Treatment
- 7) Elder Abuse – Whose Problem (4 videotapes)
- 8) Roll Call: Elder Abuse – A Training Program for Law Enforcement

V. COMMUNITY INVOLVEMENT SERIES

- 1) Neighbors Helping Neighbors – Administration on Aging
- 2) Aging Population – Aging Infrastructure (2 parts) 1992
- 3) How to Start a Support Group for Caregivers of the Elderly
- 4) America's Maturing Majority
- 5) Senior Centers: Lend Your Support
- 6) Time Dollars
- 7) Work and Eldercare Teleconference – 53 minutes
- 8) Home, Safe Home
- 9) Partners In Health – An excellent program which offers the elderly specific advice on how to most effectively communicate with their physician, pharmacist, etc. to obtain optimal health care services.

VI. AGING SERIES (general topics)

- 1) Before I Die – A National Conversation – PBS – 1997
- 2) The How to Live Longer Test
- 3) To Your Hearts Content
- 4) Living the Later Years: The Three Generation Family – Getting Along
- 5) My Mother, My Father (Caring for Aging Parents)
- 6) My Mother, My Father – Seven Years Later
- 7) DSS/ASA Services Video (Lawrence & Schiller)
- 8) Midlife Dilemmas: Are My Parents Safe To Drive?
- 9) Packrat – Hoarding – Obsessive Compulsive Disorder

VII. AIDS SERIES

- 1) Everything You and Your Family Need to Know...
- 2) The National AIDS Awareness Test

VIII. PROTECTIVE SERVICES

1. Federal Legislative Update
2. SD Health Care Consent Act
3. Reconciliation Act
4. Financial Exploitation
5. Non Institutional Abuse
6. SD Guardianship Reform
7. American Indian Elder Abuse
8. Abuse Neglect and Exploitation
9. Physicians Perspective
10. Guardianship Law
11. Adult Protective Services (2 parts)

12. Elder Abuse and the Criminal Justice System - Candace J. Heisler (1994)
13. Lucy is Still Here - 1999 - 28 min. 53 sec.
14. Indian Jurisdiction - Robert Mandel U.S. Attorney's Office
15. Mental Health Problems of Older Adults - 1998 - 20 min (Program Guide)
16. Communicating with Oriented Older Adults - 1998 - 21 min (Program Guide)
17. Communicating with Moderately Confused Older Adults - 1998 - 19 min (Program Guide)
18. Communicating with Severely Confused Older Adults - 1998 - 19 (Program Guide)
19. Antipsychotic and Antidepressant Medications and Side Effects - 1998 19 min (Program Guide)
20. Elder Abuse - CA Post TV Network - (2/1997)
21. Physical Neglect/Abuse - AZ 16:35 min; Financial Exploitation 14:40 min; Interviewing the Elderly 11:30 min
22. Meeting the Needs of Vulnerable Individuals -13.28 min (OK Dept. of Human Services)

IX. MISCELLANEOUS

1. ASA Services On Line – 1991
2. Nutrition – Hackman
3. Diabetes
4. In Balance – In Control a) personal diabetes management, b) focus on living
7. Making Sense of Shingles – National Council of Aging – 1993
8. Dry Generations – Managing Adult Incontinence – 27 minutes
9. Incontinence – A Time for Action – 10 minutes
10. Caregiving: Yesterday, Today and Tomorrow
11. When Someday Comes...How Will You Decide? (NH placement)
12. Gentle Connection: An Intergenerational Program
13. A Road Map to Home and Community Services for People Who Need Long Term Care
15. Gatekeepers: The Solution for Isolated Elderly
16. When Love Gets Tough -#1 – Making the Decision
17. When Love Gets Tough -#2 – Living Without Guilt
18. When Love Gets Tough -#3 – The Discovery of Purpose
19. Legacy: America's Indian Elders
20. Lakota Sioux Brotherhood Community Health/Wounded Knee
21. Crime: Senior Alert
22. Too Good To Be True – How to Avoid Rip-offs
23. Messages of Concern – Alcoholism and the Older Adult
24. Don't Give Up! Recognizing and Helping Elderly Alcohol Abusers
25. Alcoholism – The Effects on Native American Families
27. Medicare Care + Choice – Joe Baker APS Conference – 1998
28. The Grit and Grace of Being a Caregiver, Dr. James E. Miller - 36 minutes
29. Tai Chi for Elders - 45 min.
30. Senior Exercise Video

31. HEAD OVER HEELS - Falls. . .And How to Prevent Them - This video is divided into four sections, each of which explains some of the reasons for falls and ways to reduce the chances of falling. (14 minutes)
33. "More Than A Thousand Tomorrows"
34. The (Medicare) Prescription Drug and Other Assistance Programs – 05/2005 – 2 copies+

X. DOMESTIC VIOLENCE

1. Domestic Violence Training - SD Law Enforcement Training (2 tapes)
2. Domestic Violence Educational Video with Training Guide
3. Domestic Violence CPI's 2 volume series - Vol. 1 "Assessing the Danger", Vol. 2 "Developing a Safety Plan for Victims" with training guide and book
4. In Our Best Interest - Part I & Part II
5. Making a Difference - An Effective Law Enforcement Response to Violence Against Women - 47 Minutes
6. Surviving Domestic Violence 23 Minutes
7. Breaking the Rule of Thumb 35 Minutes
8. A Matter of Culture -15 Minutes
9. Love Shouldn't Hurt - 1997 26 Minutes
10. Trust Shouldn't Betray - 1997 45 Minutes
11. The Dance - 1998 (addresses the older battered woman)
12. It Ain't Love - 1997
13. For Your Protection: 209A (for Victims) (35 Minutes)
14. Wings Like a Dove - 1997 Healing for the Abused Christian Woman
15. The Prosecution of Rohypnol and GHB
16. Victim Issues for Parole Boards
17. Responding to Child Victims and Witnesses - 4 Tapes - Innovative Practices for Law Enforcement, Innovative Practices for Prosecutors, Innovative Practices in the Courtroom, Promising Partnerships to Improve Case Outcomes
18. Changing the System for Children
19. National Network of Children's Advocacy Centers
20. About Love - AIMS - 55 Min.
21. To Find Our Way and First Steps - AIMS - 32 Min.
22. Hidden Victims: Children of Domestic Violence - AIMS - 45 Min.
23. A Journey Through the Federal Justice System (For adults required to testify in Court) - U.S. Attorney's Office -19:20 Min.
24. Leadership, Commitment & Change - The Snapshots Project - 28:45 Min.
25. Snapshots of Success, San Diego, Ca - The Snapshots Project - 15:50 Min.
26. Snapshots of Success, Cooke County, IL - The Snapshots Project - 12:10 Min.
27. Snapshots of Success, Detroit, MI - The Snapshots Project - 10:45 Min.
28. Snapshots of Success, Westchester County, NY - The Snapshots Project - 11:15 Min.
29. Snapshots of Success, Cache County, UT - The Snapshots Project - 15:45 Min.

30. Snapshots of Success, South Royalton, VT - The Snapshots Project - 11:45 Min.
31. Bright Start - Responsive Parenting, 3 Volume Series, Governor's Office 2002
32. Defending our Lives - Cambridge Documentary Films, Inc. 42:11 min
33. Understanding Sexual Violence: Prosecuting Adult Rape and Sexual Assault Cases - Volume 1 Presenting Medical Evidence in an Adult Rape Trial
34. Breaking Peaces: Babies Have Their Say About Domestic Violence - The Infant-Parent Institute - 2002.
35. Domestic Violence Training Series – Parts 1 and 2 – 4 hours
36. Charting New Waters: Responding to Violence Against Women with Disabilities
37. The Massey Affair - PBS